CONSCIOUS SEDATION
-----INFORMATION-----

Our Goal at Timber Falls Pediatric Dentistry is to provide a safe and comfortable experience for your child. We continually strive to perform the highest quality dental treatment. In some situations, we use medication to help make a child's dental experience be more positive and to help us accomplish our goals of providing quality treatment in a safe environment.

Conscious Sedation usually involves the use of drugs given by mouth in our office about one hour before the treatment begins. The particular combination and dosage of drugs is individually determined to try and meet your child's needs. In most situations conscious sedation helps to relax and relieve fear and anxiety. The effects vary from no change in behavior, to relaxed but awake, to sleepy but arousable. The variations in behavior depend on the child's age, temperament, metabolism, and other factors.

---- INSTRUCTIONS PRIOR TO THE APPOINTMENT ----

1. **Do not give your child anything to eat or drink after midnight prior to the appointment.** This includes Milk, Juice and Water. Please do not even brush his/her teeth in the morning. The night before is fine. This will help prevent complications and vomiting during the appointment.
2. We recommend that you **do not bring other children** to the appointment so you are able to care for your child.
3. Do not give your child any medication before or after the sedation appointment **unless your child's doctor has prescribed them** or has been consulted for their use.
4. Please notify the office of any changes in your child's health within **48 hours** of the appointment. (i.e. Cold, Fever, Flu, etc.)
5. **Inform us of any changes** in your child's medical history, medications or allergies.
6. Plan to have your child stay home and rest quietly for the remainder of the day with adult supervision.

---- APPOINTMENT DAY ----

Please arrive on time for the scheduled appointment with your child fasting.
(NO FOOD OR DRINK)

A responsible adult must accompany the child to the office and remain in the reception area during treatment.

After the medication is given, extra care is necessary. The child may become sleepy, agitated, cross, fussy and may lose his or her balance easily. After giving your child the sedation medication we will have the child rest or sit quietly for about an hour while the medication takes effect. Please do not allow your child to run jump, or climb. If your child takes a nap we may place a monitor on his or her finger to ensure safety.

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